



FitCAMP with FitPlan

**FREE TRIAL NIGHT JUNE
28TH!**

FitCAMP is designed to work all of the fitness components (balance, coordination, flexibility, endurance, speed & strength) in a creative setting. This outdoor “boot camp” style routine is designed to challenge all fitness levels.

Sessions begin July 7th every Monday/Wednesday

Location: Horace Mann Charter School Marstons Mills

Time: 6:30-7:15pm

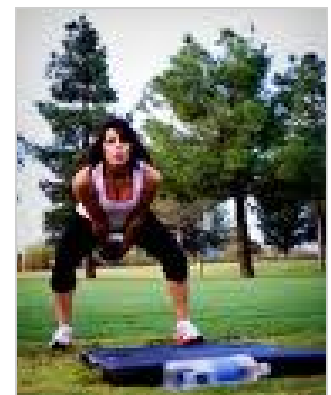
Graduation: is August 23rd!

Price: \$150 (14 sessions)

1/2 Price for FitPlan members!

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www.fitplan.com